

Logroño (La Rioja-Spain)

Congress venue: Riojaforum

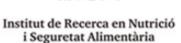
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Prof. Begoña Bartolomé (Madrid, Spain)

Dr. Ramon Estruch (Barcelona, Spain) - Co Chair

Dr. Angel Gil (Murcia, Spain)

Prof. Rosa M Lamuela (Barcelona, Spain) - Chair

Prof. M. Puy Portillo (Vitoria, Spain)

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## Programa

16<sup>th</sup> February

| 10:00-11:30 h | <ul> <li>Plenary opening sessions (New Trends in Nutrition)</li> <li>Personalized diets for different age groups         Prof. Stine M. Ulven (University of Oslo, Oslo, Norway)     </li> <li>Grand-parental diet may increase the risk of Metabolic Syndrome in the grand-offspring: The sin of our fathers and the fathers of our fathers</li> <li>Dr. Josep Jiménez-Chillarón (Fundació Sant Joan de Déu, Esplugues de Llobregat, Spain)</li> <li>Innovative targets on research on polyphenols</li> <li>Dr. Pedro Mena (University of Parma, Parma, Italy)</li> </ul> |
|---------------|--|
| 11:30-12:00 h | Coffee Break and poster session  |
| 12:00-13:30 h | Session I: Epidemiological evidence on the relationship between alcohol and wine consumption and human health  Wine research: past, present and future  Update on the J-shaped curve: where are we now?  Prof. Ellison R. Curtis (Boston University Schooll of Medicine, USA)  Different effects of wine, beer and spirits on health  Prof. Giovanni de Gaetano (IRCCS Istituto Neurologico NEUROMED, Pozzilli, Italy)  Short selected communications  |
| 13:30-15:00 h | Lunch and poster session   |
| 15:00-16:30 h | <ul> <li>Session II: Wine and diabetes, obesity and metabolic syndrome</li> <li>New studies on the effects of wine on diabetes         <ul> <li>Dr. Iris Shai (Ben Gurion University, Beerseba, Israel)</li> </ul> </li> <li>Wine and Metabolic Syndrome         <ul> <li>Dr. Anna Tresserra-Rimbau (University of Barcelona and CIBEROBN, Spain)</li> </ul> </li> <li>Wine polyphenols and obesity         <ul> <li>Prof. M. Puy Portillo (University of the Basque Country and CIBEROBN, Spain)</li> </ul> </li> <li>Short selected communications</li> </ul>            |
| 16:30-17:00 h | Coffee Break and poster session  |



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## 17:00-18:30 h

### Session III: Wine and cardiovascular health

- Wine, Mediterranean diet and cardiovascular disease. Lessons from the Predimed trial
  - Dr. Ramon Estruch (University of Barcelona, Spain and CIBEROBN, Spain)
- Effects of alcoholic beverages such as wine on lipid and other biomarkers for cardiovascular disease
  - Dr. Henk Hendriks (Hendriks Nutrition Support for Business, Zeist, The Netherlands)
- Regulation of eicosanoids by red wine
   Dr. Angel Gil Izquierdo (CEBAS-CSIC, Murcia, Spain)
- Short selected communications

## 17<sup>th</sup> February

| 8:30-10:00 h  | <ul> <li>Session IV: Wine and brain health</li> <li>Cognitive effects of wine polyphenol consumption         <ul> <li>Dr. David Vauzour (Norwich Medical School, Norwich, UK)</li> </ul> </li> <li>Insights into the impact of wine consumption on brain health         <ul> <li>Dr. Cecilia Samieri (Université Victor Segalen Bordeaux, Bordeaux, France)</li> </ul> </li> <li>Effects of different components of the Mediterranean diet on cognitive decline and neurodegenerative diseases         <ul> <li>Dr. Emilio Ros (Hospital Clínic de Barcelona, and CIBEROBN, Spain)</li> </ul> </li> <li>Short selected communications</li> </ul> |
|---------------|--|
| 10:00-10:30 h | Coffee Break and poster session  |
| 10:30-11:45 h | <ul> <li>Session V: Wine and cancer</li> <li>Chemopreventive effects of wine polyphenols         <ul> <li>Prof. Norbert Latruffe (Université de Bourgogne, Dijon, France)</li> </ul> </li> <li>Polyphenols and cancer: experience from epidemiological studies         <ul> <li>Dr. Raul Zamora, (ICO-IDIBELL, Barcelona, Spain)</li> </ul> </li> <li>Short selected communications</li> </ul>   |



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| 11:45-13:15 h | <ul> <li>Session VI: Wine bioefficacy: Interactions with the gastrointestinal tract</li> <li>The gut microbiota: mediator of beneficial effects of wine in vivo         <ul> <li>Dr. Francisco Tinahones (Hospital Virgen de la Victoria and CIBEROBN, Spain)</li> </ul> </li> <li>Interindividual variation in the metabolism of wine polyphenols:         <ul> <li>causes and consequences</li> <li>Prof. Begoña Bartolome (Institute of Food Science Research (CIAL-CSIC), Madrid, Spain)</li> <li>Phenolic metabolites and substantial microbiome changes in pig faeces by ingesting grape seed proanthocyanidins</li> <li>Prof. Andrew Waterhouse (UC Davis, Davis, USA)</li> <li>Short selected communications</li> <li>Short selected communications</li> </ul> </li> </ul> |
|---------------|--|
| 13:15-15:00 h | Lunch and poster session   |
| 15:00-16:00 h | <ul> <li>Session VII: Translation of science to policy and practice</li> <li>Wine, health and social aspects in the training of wine professionals - a reality or fiction?         Mrs. Ursula Fradera (Deutsche Weinakademie GMBH, Wine In Moderation, Germany)     </li> <li>Changing the upper limits of moderate alcohol consumption. The need for a world wide politic on alcohol consumption         Dr. Creina Stockley (The Australian Wine Research Institute, Adelaide, Australia)     </li> <li>Short selected communications</li> </ul>  |
| 16:00-17:30 h | <ul> <li>Session VIII: Mechanism of wine components</li> <li>Regulation of vascular endothelial function by red wine procyanidins         Prof. Roger Corder (University of London, London, UK)</li> <li>Antioxidant and anti-inflammatory effects of wine         Prof. Mladen Boban (University of Split, Croatia)</li> <li>Procyanidins and Biological Rhythms         Prof. Cinta Bladé (University Rovira i Virgili, Tarragona, Spain)</li> <li>Short selected communications</li> </ul>  |
| 17:30-18:00 h | Coffee break and poster session  |



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18:00-19:30 h

## **Session IX: Round Table Innovation and future**

- Prof. Rosa Mª Lamuela-Raventós (University of Barcelona, and CIBEROBN, Spain) - Chair
- Dr. Piere-Louis Teisserdre (University of Bordeaux, Bordeaux, Francia)
- Dr. Creina Stockley (The Australian Wine Research Institute, Adelaide, Australia)
- Prof. Fulvio Ursini (University of Padova, Padova, Italy)