



February 16th-18th, 2017

Logroño (La Rioja-Spain)

Congress venue: Riojaforum

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Organized by:





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Programa

16th February

10:00-11:30 h	<p>Plenary opening sessions (New Trends in Nutrition)</p> <ul style="list-style-type: none"> ▪ Personalized diets for different age groups Prof. Stine M. Ulven (University of Oslo, Oslo, Norway) ▪ Grand-parental diet may increase the risk of Metabolic Syndrome in the grand-offspring: The sin of our fathers and the fathers of our fathers Dr. Josep Jiménez-Chillarón (Fundació Sant Joan de Déu, Esplugues de Llobregat, Spain) ▪ Innovative targets on research on polyphenols Dr. Pedro Mena (University of Parma, Parma, Italy)
11:30-12:00 h	Coffee Break and poster session
12:00-13:30 h	<p>Session I: Epidemiological evidence on the relationship between alcohol and wine consumption and human health</p> <ul style="list-style-type: none"> ▪ Wine research: past, present and future ▪ Update on the J-shaped curve: where are we now? Prof. Ellison R. Curtis (Boston University School of Medicine, USA) ▪ Different effects of wine, beer and spirits on health Prof. Giovanni de Gaetano (IRCCS Istituto Neurologico NEUROMED, Pozzilli, Italy) ▪ Short selected communications
13:30-15:00 h	Lunch and poster session
15:00-16:30 h	<p>Session II: Wine and diabetes, obesity and metabolic syndrome</p> <ul style="list-style-type: none"> ▪ New studies on the effects of wine on diabetes Dr. Iris Shai (Ben Gurion University, Beerseba, Israel) ▪ Wine and Metabolic Syndrome Dr. Anna Tresserra-Rimbau (University of Barcelona and CIBEROBN, Spain) ▪ Wine polyphenols and obesity Prof. M. Puy Portillo (University of the Basque Country and CIBEROBN, Spain) ▪ Short selected communications
16:30-17:00 h	Coffee Break and poster session



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17:00-18:30 h

Session III: Wine and cardiovascular health

- **Wine, Mediterranean diet and cardiovascular disease. Lessons from the Predimed trial**

Dr. Ramon Estruch (University of Barcelona, Spain and CIBEROBN, Spain)

- **Effects of alcoholic beverages such as wine on lipid and other biomarkers for cardiovascular disease**

Dr. Henk Hendriks (Hendriks Nutrition Support for Business, Zeist, The Netherlands)

- **Regulation of eicosanoids by red wine**

Dr. Angel Gil Izquierdo (CEBAS-CSIC, Murcia, Spain)

- **Short selected communications**

17th February

8:30-10:00 h

Session IV: Wine and brain health

- **Cognitive effects of wine polyphenol consumption**

Dr. David Vauzour (Norwich Medical School, Norwich, UK)

- **Insights into the impact of wine consumption on brain health**

Dr. Cecilia Samieri (Université Victor Segalen Bordeaux, Bordeaux, France)

- **Effects of different components of the Mediterranean diet on cognitive decline and neurodegenerative diseases**

Dr. Emilio Ros (Hospital Clínic de Barcelona, and CIBEROBN, Spain)

- **Short selected communications**

10:00-10:30 h

Coffee Break and poster session

10:30-11:45 h

Session V: Wine and cancer

- **Chemopreventive effects of wine polyphenols**

Prof. Norbert Latruffe (Université de Bourgogne, Dijon, France)

- **Polyphenols and cancer: experience from epidemiological studies**

Dr. Raul Zamora, (ICO-IDIBELL, Barcelona, Spain)

- **Short selected communications**



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11:45-13:15 h	<p>Session VI: Wine bioefficacy: Interactions with the gastrointestinal tract</p> <ul style="list-style-type: none"> ▪ The gut microbiota: mediator of beneficial effects of wine in vivo Dr. Francisco Tinahones (Hospital Virgen de la Victoria and CIBEROBN, Spain) ▪ Interindividual variation in the metabolism of wine polyphenols: causes and consequences Prof. Begoña Bartolome (Institute of Food Science Research (CIAL-CSIC), Madrid, Spain) ▪ Phenolic metabolites and substantial microbiome changes in pig faeces by ingesting grape seed proanthocyanidins Prof. Andrew Waterhouse (UC Davis, Davis, USA) ▪ Short selected communications
13:15-15:00 h	<p>Lunch and poster session</p>
15:00-16:00 h	<p>Session VII: Translation of science to policy and practice</p> <ul style="list-style-type: none"> ▪ Wine, health and social aspects in the training of wine professionals - a reality or fiction? Mrs. Ursula Fradera (Deutsche Weinakademie GMBH, Wine In Moderation, Germany) ▪ Changing the upper limits of moderate alcohol consumption. The need for a world wide politic on alcohol consumption Dr. Creina Stockley (The Australian Wine Research Institute, Adelaide, Australia) ▪ Short selected communications
16:00-17:30 h	<p>Session VIII: Mechanism of wine components</p> <ul style="list-style-type: none"> ▪ Regulation of vascular endothelial function by red wine procyanidins Prof. Roger Corder (University of London, London, UK) ▪ Antioxidant and anti-inflammatory effects of wine Prof. Mladen Boban (University of Split, Croatia) ▪ Procyanidins and Biological Rhythms Prof. Cinta Bladé (University Rovira i Virgili, Tarragona, Spain) ▪ Short selected communications
17:30-18:00 h	<p>Coffee break and poster session</p>



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18:00-19:30 h

Session IX: Round Table Innovation and future

- Prof. Rosa M^a Lamuela-Raventós (University of Barcelona, and CIBEROBN, Spain) - Chair
- Dr. Piere-Louis Teisserdre (University of Bordeaux, Bordeaux, Francia)
- Dr. Creina Stockley (The Australian Wine Research Institute, Adelaide, Australia)
- Prof. Fulvio Ursini (University of Padova, Padova, Italy)